



HEALING OF MEMORIES WORKSHOP FOR ALL VETERANS

A safe place for participants to explore personal histories and gain insight and empathy for themselves and others.

This Institute for Healing of Memories workshop is a response to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other life-changing traumatic circumstances. This life-changing workshop is proven to help participants learn ways to overcome anger, loss, grief and guilt. Not only is it a step on the journey to personal healing, but also it contributes to the healing of interpersonal relationships.

RAVES FOR HEALING OF MEMORIES

"I was finally able to release myself from the personal prison I had put myself into."

"This workshop is the master key to my healing & good health of mind, body & spirit."

"This was not what I expected... but exactly what I needed!"

WHEN

November 21-23, 2025

Friday 6:00 pm - Sunday 2:00 pm

WHERE

Spirit in the Desert

7415 E Elbow Bend, Carefree, AZ 85377

COST

FREE to Veterans

APPLY ONLINE AT

<https://spiritinthedesert.org/events/healing-of-memories-workshop-for-veterans/>

Or Call (651) 687-9767

WORKSHOP FACILITATORS



Audrey Lukasak is a highly experienced lead facilitator who has worked for over 30 years as a spiritual care provider in healthcare and as a Lutheran pastor. In her 21 years in the U.S. Air Force, **Lina Webb** (R), also became a Sexual Assault Victim Advocate, Resilience Trainer and Crisis Intervention Unit Responder aiding victims of violent crimes and other mental health crises. Facilitator since 2022.



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