



HEALING OF MEMORIES WORKSHOP FOR VETERANS & FIRST RESPONDERS

A safe place for participants to explore personal histories and gain insight and empathy for themselves and others.

This Institute for Healing of Memories workshop is a response to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other life-changing traumatic circumstances. This life-changing workshop is proven to help participants learn ways to overcome anger, loss, grief and guilt. Not only is it a step on the journey to personal healing, but also it contributes to the healing of interpersonal relationships.

RAVES FOR HEALING OF MEMORIES

"I was finally able to release myself from the personal prison I had put myself into."

"This workshop is the master key to my healing & good health of mind, body & spirit."

"This was not what I expected... but exactly what I needed!"

WHEN

May 17 - 19, 2024

Friday 6:00 pm - Sunday 2:00 pm

WHERE

Spirit in the Desert

7415 E Elbow Bend, Carefree, AZ 85377

COST

FREE to Veterans and First Responders

APPLY ONLINE AT

<https://spiritinthedesert.org/events/hom-workshop-vets-1st-responders/>

Or Call (651) 687-9767

COVID PROTOCOLS WILL BE FOLLOWED ENSURING SAFETY FOR ALL



Pamela Cornwell (R), a licensed clinician with extensive experience in the behavioral health world, has been leading workshops with HOM since 2019. Traumatic experience has been a common theme in her work, helping others to recognize the impact that experience has had on their lives. Pam has witnessed firsthand the relief and healing that starts by sharing your story with compassionate others.



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