



HANDS-ON TAMALES MAKING WORKSHOP WITH CHEF KARL

Whether you are a gourmet or a newbie, Chef Karl is sure to share tips and tricks you didn't know before. Demonstration, hands-on practice, lunch, and 12 tamales to take home ~ what could be better than that?

Chef Karl Schwirian will teach you the basic steps to making traditional tamales, beginning with a demonstration on simple Masa doughs with different variations. Following a chef demo, participants will make all the recipes and taste all the dishes. Plus ~ all tamales will be made to take home! There will be a lunch including tamales and other treatas for everyone to enjoy along with complimentary beverages.

Fun for the whole family!

PARTICIPANT COMMENTS

- "It was a fun event and the food was great! Learned new things to expand my cooking skills!"
- "Chef Karl was very entertaining and knowledgeable! The food was superb. An excellent experience. I look forward to attending again."
- "Karl is clearly both a professional and an extraordinary person. So creative and a gifted teacher."

WHEN

Wednesday, Dec 13, 2023
10:00 am - 1:00 pm

WHERE

Spirit in the Desert
7415 E Elbow Bend, Carefree, AZ 85377

COST

\$40 per person

REGISTER ONLINE AT

<https://spiritinthedesert.org/events/tamale-making-with-chef-karl/>

Or Call (480) 488-5218



Chef Karl Schwirian started in the restaurant business at age 15, working at a Chicago Beef stand called the Yellow Submarine. This led to jobs in hotels including 5 years at the Arizona Biltmore. While working at the Coyote Café in Santa Fe, Karl assisted with many special events and cookbooks. After a stint at Scalo Northern Italian Grill in Albuquerque, Karl moved to Seattle and worked as Executive Chef at Pescatore. Upon returning to Phoenix, Karl worked with the Mastro Group at Marco Polo and Cocomo Joe's. Spirit is the newest addition to Karl's resume and he is up to the challenge!

Chef Karl's culinary approach: **QUE MITOTE!** In Mexico, the term mitote is used to refer to scandal, noise, disorder, relaxation or sometimes to everything that takes us out of concentration. It is also a ceremony of pre-Hispanic origin, where the deities are asked for and thanked for abundant rain, a good harvest and for the well-being of the community.

