

Boundless Compassion

4-DAY RETREAT + OPTIONAL 1-DAY FACILITATOR TRAINING



A DESERT SOJOURN RETREAT WITH DCN. TAMMY DEVINE

Compassion can change a life. With compassion at the center of our lived experiences, we approach one another with true respect, grow in an ability to lessen suffering, and are intentional about encouraging others to live compassionately.

- Explore the depth of the many layered components of compassion, based on the teachings of Christianity and other religious traditions
- Expand and deepen your understanding of compassion from both a personal and professional perspective.
- Gain insights for many dimensions including theology, spirituality, science, sociology, and psychology.
- Learn practical skills and grow in trust as you discern your unique path toward compassionate living

Facilitator Training ~ Stay one more day and train to become a certified Boundless Compassion Facilitator!

JOIN US!

Offering quiet reflection time and small group dialogue, this four-day Boundless Compassion retreat serves as a catalyst for a renewed commitment to becoming a compassionate presence. Experience this opportunity to deepen and expand the capacity for compassion in your life and in your community.

Spirit in the Desert Retreat Center, located in a beautiful and peaceful Arizona desert setting, hosts programs and retreats for participants of all faiths and traditions to experience reconciliation, renewal, healing, and transformation.



WHEN

**Sunday - Wednesday,
October 22 - 25, 2023**

WHERE

Spirit in the Desert
7415 E Elbow Bend Rd, Carefree AZ

COST

Price per person:

1 person, private room : \$725 ea
2 people, 2 in a room : \$600 ea
3 people, 3 in a room : \$550 ea
Commuter price : \$450 ea

Price includes: 4 days programming, 3 nights lodging & 9 meals (3 breakfast, 3 lunch, 3 dinner)

REGISTER ONLINE AT

<https://spiritinthedesert.org/compassion-retreat-registration/>

Or Call (480) 488-5218



Tammy Devine is a Professional Certified Coach, retreat facilitator, and ELCA Deacon—passionate about health, healing, and wholeness. As Principal of Devine Coaching, Tammy is a strategic and systemic whole person promoter of well-being, through education and inspiration. She collaborates with thought leaders to facilitate and motivate whole person lifestyle choices and serves as an external wellness consultant and coach to integrate well-being. Tammy is facilitator and worship leader of the *Leading Well* retreats for church leaders, and recently led the *Wellspring in the Desert: A Call to Be Whole* retreat at Spirit in the Desert.