



HEALING OF MEMORIES WORKSHOP FOR HEALTHCARE WORKERS

Healing of Memories (HOM) workshops are designed to respond to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other traumatic circumstances, such as a global pandemic.

This Healing of Memories workshop is ideal for healthcare workers who have experienced emotional, psychological and spiritual distress – in their personal or professional lives – during the COVID pandemic. The workshop provides a safe, confidential environment in which participants can begin to take steps toward healing. **The result:** Participants find support, healing, increased trust, empathy, hope, relief, reassurance, and a sense of belonging.

RAVES FOR HOM - HEALTHCARE

“This helped me to release weighted emotional baggage, which will help me be a better nurse.”

“Workshop was encouraging and reaffirming. Thank you.”

“I felt connected and grounded. It was a healing experience.”

WHEN

June 9 - 11, 2023

Friday 6:00 pm - Sunday 2:00 pm

WHERE

Spirit in the Desert

7415 E Elbow Bend, Carefree, AZ 85377

COST

FREE to Healthcare Workers

APPLY ONLINE AT

<https://spiritinthedesert.org/events/workshop-for-healthcare-workers/>

Or Call (480) 488-5218

WORKSHOP FACILITATORS



Lori Rubenstein, JD, PCC (L) a mediator, author and coach in the area of helping people heal from trauma, is a lead facilitator with the Institute for Healing of Memories. **Pamela Cornwell (R)**, a licensed clinician with extensive experience in the behavioral health world, has been leading workshops with HOM since 2019. Traumatic experience has been a common theme in her work.



The Institute for Healing of Memories is an international organization that seeks to contribute to lasting individual and collective healing that makes possible a more peaceful and just future. Spirit in the Desert Retreat Center hosts programs and retreats for participants of all faiths and traditions to experience reconciliation, renewal, healing, and transformation.