

WELLSPRING IN THE DESERT: A CALL TO BE WHOLE

A DESERT SOJOURN RETREAT WITH TAMMY DEVINE

Reflect, rest and renew, and connect with God, self and one another in this retreat focusing on the multi-dimensional elements of wellness: spiritual, vocational, intellectual, emotional, physical, social, and financial well-being.

We are called to live as whole and holy people of God. In this retreat we will gather, form community, and grow in our continuous journey to live whole. Participants will explore multiple dimensions of our being, create intentional space to reflect, rest and renew, and connect with God, self and one another. The rhythm of each day will offer time to learn together, reflect and explore. Each evening we will reconnect to review our day, name where God was present in both joy and challenge. Music will invite us to slow down, and prayer will tuck us in.

While the desert is a dry space, this wellspring seeks to create space to quench the thirst of our souls.

A CALL TO BE WHOLE

*“I have come
that you may
have life
and have it
abundantly.”*

John 10:10b

Spirit in the Desert Retreat Center, located in a beautiful and peaceful Arizona desert setting, hosts programs and retreats for participants of all faiths and traditions to experience reconciliation, renewal, healing, and transformation.



WHEN

**Friday - Wednesday,
February 10 - 15, 2022**

WHERE

**Spirit in the Desert
Retreat Center**
7415 E Elbow Bend Road,
Carefree AZ 85377

COST

Price per person:

1 person, private room : \$999 ea
2 people, 2 in a room : \$825ea
3 people, 3 in a room : \$715 ea
Commuter price : \$500 ea

Price includes: 6 days programming, 5 nights lodging & 14 meals (5 breakfast, 4 lunch, 5 dinner)

REGISTER ONLINE OR

Call (480) 488-5218



Tammy Devine is a Professional Certified Coach, retreat facilitator, and ELCA Deacon—passionate about health, healing, and wholeness. As Principal of Devine Coaching, Tammy is a strategic and systemic whole person promoter of well-being, through education and inspiration. She collaborates with thought leaders to facilitate and motivate whole person lifestyle choices and serves as an external wellness consultant and coach to integrate well-being. Tammy is facilitator and worship leader of the *Leading Well* retreats for church leaders. Also presenting is **Andrea Arey**, Portico Benefit Services' Regional Representative in the Western U.S. (Region 2).