



ELLIE ROSCHER BRINGS
12 TINY THINGS
 TO SPIRIT IN THE DESERT
 Simple Ways to Live a More Intentional Life

12 TINY THINGS : A DESERT SOJOURN RETREAT

The 12 TINY THINGS retreat helps you learn simple ways to live a more intentional life, and ways to take lasting steps toward learning and growth.

In a culture that says bigger is better, it is subversive to take tiny, lasting steps toward learning and growth. Ellie Roscher, author of *12 Tiny Things*, will guide you through curating and cultivating your own tiny things practice. We will read, journal, discuss and practice tiny things in areas like food, home, creativity, communication and spirituality. Maybe 2022 is your year of celebrating that little things are big things. By doing one tiny thing at a time on purpose, we can slowly, deliberately and playfully remember who we are. Together, we will deepen our roots and grow toward the sun. Join us for great food, rich conversation, deep quiet, gentle yoga and more!

THE TINY THINGS COMMUNITY

The desire to grow, actualize and contribute lives inside us. Yet in wanting to do it all, we can end up doing nothing. Change can be hard. It's easy to get overwhelmed and grow stagnant. 12 Tiny Things embraces the power of small, daily acts to transform our hearts and our communities. We believe in claiming incremental improvement on the go. We believe everything we need is already inside of us, we just need to remember. And we believe in unfolding together.

Spirit in the Desert Retreat Center, located in a beautiful and peaceful Arizona desert setting, hosts programs and retreats for participants of all faiths and traditions to experience reconciliation, renewal, healing, and transformation.



WHEN

**Friday - Sunday,
 January 28-30, 2022**

WHERE

**Spirit in the Desert
 Retreat Center**
 7415 E Elbow Bend Road,
 Carefree AZ 85377

COST

Price per person:

- 1 person, private room : \$422 ea
- 2 people, 2 in a room : \$352 ea
- 3 people, 3 in a room : \$312 ea

Price includes: 3 days programming, 2 nights lodging & 7 meals (2 breakfast, 3 lunch, 2 dinner)

REGISTER

Call (480) 488-5218



Ellie Roscher is the author of *12 Tiny Things*, *Play Like a Girl* and *How Coffee Saved My Life*. Her writing also appears in *The Baltimore Review*, *Inscape Magazine*, *Bookology Magazine*, *Living Lutheran* and elsewhere. Ellie hosts the *Unlikely Conversations* podcast and is a certified yoga instructor. She teaches writing at *The Loft Literary Center* and the *Minnesota Writing Project*. Through curious inquiry, commitment to the sacred ordinary and artistic collaboration, her work accompanies people to a more centered, whole, and embodied self. Ellie holds an MFA in Writing from *Sarah Lawrence College* and an MA in Theology from *Luther Seminary*. She lives in *Minneapolis* with her spouse and sons.