



Dr. Glenn Schrader

[Energized for Growth and Leadership for Spirit's Future](#)

"I was hooked right away when I attended "The Third Chapter of Life," my first retreat at Spirit in the Desert, about five or six years ago," said Glenn Schrader, PhD, a retired professor of chemical engineering who lives in Tucson, Arizona.

That was the first of several retreats Glenn has attended and he has met introspective people from all over the United States who, like him, were exploring their life story and its continuing purpose. He said, "What appealed to me was a smaller group of people with open minds, enjoying each other, and relaxing in the serene environment of the retreat center." Glenn continues to explore

and deepen the spiritual dimension of his Lutheran faith by attending retreats offered by different denominations and religions.

In 2018, Glenn was elected as a member of Spirit in the Desert's Board of Directors. He said, "After my first board meeting I was energized to team-up with other board members who are providing enlightened direction for the center and supporting the staff on a path of growth."

Chemical engineering may seem a world apart from spiritual retreats. "Not so", says Glenn. "I was attracted to chemical engineering as an undergraduate at Iowa State University because it is a practical discipline. It is about doing something with what you know and doing something good with what you have." Dr. Schrader earned his PhD from the University of Wisconsin and taught at the Universities of Delaware, Iowa State, and Arizona.

Asked about his motivation to generously give of his time as a Director of Spirit in the Desert, Glenn said, "The center has a lot of vigor right now. I am excited to be a part of helping managing its growth as it continues to welcome groups of all traditions and backgrounds who are seeking renewal, reconciliation, healing, and transformation. And, I also want to make connections between Spirit in the Desert in Carefree and people in Tucson, where I live."